



International Healthcare & Check-Up Programs

A premium medical coordination catalog for international patients seeking preventive check-up programs, diagnostic services and end-to-end patient assistance in Türkiye.

Preventive Check-Up Programs	International Patient Coordination
Second Medical Opinion	Multilingual Patient Support
Treatment Planning	Airport Transfer & Accommodation

USMD International

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International Patient Services

USMD International supports international patients at every step of the healthcare journey. The service model is built around clear medical planning, fast coordination, reliable communication and practical travel support.

Free Second Opinion from Specialist Doctors	If you are unsure about a diagnosis, USMD International helps you receive a second medical opinion from experienced specialist physicians.
Treatment Plan and Preliminary Cost Analysis	A personalized treatment plan and transparent preliminary cost analysis are prepared before your visit.
Fast Appointment Planning	Appointments are coordinated on your behalf so your treatment journey can begin without unnecessary delays.
Air and Ground Ambulance Services	Emergency transfer support can be coordinated through fully equipped air and ground ambulance services.
Accommodation Support	Partner hotel options can be arranged near hospitals and central locations for a comfortable stay.
Free Airport Welcome and Transfer	Upon arrival, professional transfer support helps you reach your hotel or hospital safely.
Multilingual Interpreter Support	Interpreter support is available in English, Arabic, French, Russian and other languages when needed.
Professional Translation of Medical Reports	Medical documents can be translated accurately using appropriate medical terminology.
24/7 Personal Guidance	Personal assistance is available throughout admission, treatment and discharge processes.
On-Site Instant Translation During Hospital Visits	Doctor consultations, examinations and test processes can be translated clearly in real time.
Personalized Service Options	VIP services, private vehicle allocation, personal health consulting and family accompaniment can be arranged according to patient needs.

Check-Up Program Portfolio

The following programs are organized by patient profile and screening depth. Each program may be adapted according to physician evaluation, patient history and medical necessity.

1	Ultra VIP Check-Up Program	A comprehensive executive-level preventive screening package covering specialist consultations, laboratory diagnostics, cardiology, pathology and advanced radiological imaging.
2	Cardiological Check-Up	A focused cardiovascular screening program designed to evaluate cardiac risk, metabolic indicators and key diagnostic markers.
3	Child Check-Up	A pediatric preventive screening program combining core specialist examinations and essential laboratory evaluations.
4	Detailed Child Check-Up	An extended pediatric package for a broader view of child health, including laboratory, infectious marker and imaging checks.
5	Essential Check-Up	A compact preventive screening package covering basic internal medicine, dental evaluation, core blood tests and cardiology screening.
6	General Standard Check-Up	A balanced general health screening package for routine assessment and early detection.
7	Men's Check-Up - Age 40+	A male-focused preventive package for patients over 40, including urology, cardiology and oncology marker screening.
8	Men's Check-Up - Under 40	A preventive program for men under 40, combining internal medicine, cardiology, general surgery and core metabolic tests.
9	Women's VIP Check-Up	A comprehensive women's health package including gynecology, breast imaging, pathology, cardiology and oncology markers.
10	Men's VIP Check-Up	A comprehensive male health screening program including urology, cardiology, radiology and oncology markers.
11	Women's Check-Up - Age 40+	A focused women's preventive package for patients over 40, including gynecology, breast imaging and bone health assessment.
12	Women's Check-Up - Under 40	A preventive screening package for women under 40, focused on internal medicine, gynecology and essential diagnostic testing.
13	Detailed Men's Check-Up	An extended male diagnostic package combining specialist consultations, advanced laboratory panels, MRI/CT imaging, endoscopy and oncology markers.
14	Detailed Women's Check-Up	An extended female diagnostic package covering breast surgery, gynecology, advanced laboratory panels, mammography, endoscopy and oncology markers.

Ultra VIP Check-Up Program

A comprehensive executive-level preventive screening package covering specialist consultations, laboratory diagnostics, cardiology, pathology and advanced radiological imaging.

<p>CONSULTATIONS</p> <ul style="list-style-type: none"> • Internal Medicine • Urology / Obstetrics and Gynecology • Cardiology • Ophthalmology • ENT • Neurology • Pulmonology • Dietitian consultation 	<p>LABORATORY TESTS</p> <ul style="list-style-type: none"> • Fasting glucose • Urea / BUN • Creatinine • Uric acid • ALT, AST, GGT, ALP, LDH • LDL, HDL, VLDL and total cholesterol • Triglycerides • Homocysteine • Phosphorus, calcium, iron, potassium • Total iron binding capacity • Complete blood count • CRP and sedimentation • Complete urinalysis • Fecal occult blood • TSH, free T3, free T4 • Vitamin B12, Vitamin D3, folic acid, ferritin • CA 19-9, AFP, CEA • HBsAg, Anti-HCV, HIV Combi P24 antigen / antibody, VDRL • Total PSA for men
<p>CARDIOLOGY</p> <ul style="list-style-type: none"> • Cardiology consultation • Electrocardiogram (ECG) • Cardiovascular stress test • Transthoracic echocardiography 	

Cardiological Check-Up

A focused cardiovascular screening program designed to evaluate cardiac risk, metabolic indicators and key diagnostic markers.

<p>CONSULTATIONS</p> <ul style="list-style-type: none"> • Internal Medicine • Cardiology 	<p>LABORATORY TESTS</p> <ul style="list-style-type: none"> • Glucose • Hemoglobin A1C • Complete blood count • Insulin • Total cholesterol, HDL, LDL, triglycerides • Creatinine • ALT, AST • CRP • TTG • Complete urinalysis 	<p>CARDIOLOGY AND PATHOLOGY</p> <ul style="list-style-type: none"> • Echocardiography • Exercise stress test • Coronary ECG • CT angiography • Pap smear
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Child Check-Up

A pediatric preventive screening program combining core specialist examinations and essential laboratory evaluations.

CONSULTATIONS <ul style="list-style-type: none">• Pediatrics• Eye examination• ENT examination• Dental examination	LABORATORY TESTS <ul style="list-style-type: none">• CRP• ESR• Iron• Total iron binding capacity• Ferritin• Complete blood count• Stool parasite test• Complete urinalysis	RADIOLOGY <ul style="list-style-type: none">• Tympanometry
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Detailed Child Check-Up

An extended pediatric package for a broader view of child health, including laboratory, infectious marker and imaging checks.

CONSULTATIONS <ul style="list-style-type: none">• Pediatrics• Eye examination• ENT examination• Dental examination	LABORATORY TESTS <ul style="list-style-type: none">• Glucose• ESR• Complete blood count• AST, ALT• Urea• Anti-HBs, Anti-HCV• CRP• Iron, total iron binding capacity, ferritin• Stool parasite test• Complete urinalysis	RADIOLOGY <ul style="list-style-type: none">• Tympanometry• Whole abdominal ultrasound• Single-view chest X-ray
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Essential Check-Up

A compact preventive screening package covering basic internal medicine, dental evaluation, core blood tests and cardiology screening.

CONSULTATIONS <ul style="list-style-type: none">• Internal Medicine• Dental examination	LABORATORY TESTS <ul style="list-style-type: none">• Glucose• Complete blood count• Total cholesterol, HDL, LDL• Creatinine• ESR• ALT• Complete urinalysis	IMAGING AND CARDIOLOGY <ul style="list-style-type: none">• Single-view chest X-ray• Electrocardiogram
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General Standard Check-Up

A balanced general health screening package for routine assessment and early detection.

CONSULTATIONS <ul style="list-style-type: none">• Internal Medicine• Dental examination• Ophthalmology	LABORATORY TESTS <ul style="list-style-type: none">• Complete blood count• Fasting glucose• Total cholesterol, HDL, LDL• Triglycerides• Alkaline phosphatase• Creatinine• ESR• HBsAg, Anti-HBs• Complete urinalysis	IMAGING AND CARDIOLOGY <ul style="list-style-type: none">• Single-view chest X-ray• Electrocardiogram
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Men's Check-Up - Age 40+

A male-focused preventive package for patients over 40, including urology, cardiology and oncology marker screening.

<p>CONSULTATIONS</p> <ul style="list-style-type: none"> • Internal Medicine • Dental examination • Cardiology • Urology • General Surgery 	<p>LABORATORY TESTS</p> <ul style="list-style-type: none"> • Total cholesterol, HDL, LDL, triglycerides • Complete urinalysis • Fecal occult blood • HBsAg, Anti-HBs • Complete blood count • Serum albumin • ESR • Creatinine • AST, ALT • Fasting blood glucose • TSH 	<p>IMAGING, CARDIOLOGY AND MARKERS</p> <ul style="list-style-type: none"> • Single-view chest X-ray • Whole abdomen ultrasound • ECG • Echocardiography • Exercise stress test • Free PSA • Total PSA
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Men's Check-Up - Under 40

A preventive program for men under 40, combining internal medicine, cardiology, general surgery and core metabolic tests.

<p>CONSULTATIONS</p> <ul style="list-style-type: none"> • Internal Medicine • Dental examination • Cardiology • General Surgery 	<p>LABORATORY TESTS</p> <ul style="list-style-type: none"> • ALT • Triglycerides • TSH • Total cholesterol, HDL, LDL • HBsAg • Complete blood count • Uric acid • Serum albumin • Anti-HBs • Alkaline phosphatase • GGT • Fasting blood glucose • ESR • Creatinine • AST • Complete urinalysis 	<p>IMAGING AND CARDIOLOGY</p> <ul style="list-style-type: none"> • Single-view chest X-ray • Whole abdomen ultrasound • ECG • Exercise stress test
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Women's VIP Check-Up

A comprehensive women's health package including gynecology, breast imaging, pathology, cardiology and oncology markers.

<p>CONSULTATIONS</p> <ul style="list-style-type: none"> • Internal Medicine • Dental examination • Cardiology • General Surgery • Ophthalmology • Obstetrics and Gynecology 	<p>LABORATORY TESTS</p> <ul style="list-style-type: none"> • Triglycerides • TSH • Total cholesterol, HDL, LDL • Fecal occult blood • Complete urinalysis • Uric acid • HBsAg, Anti-HBs, Anti-HCV • Complete blood count • Serum albumin • BUN • GGT • Fasting blood glucose • ESR • Creatinine • ALT, AST • HIV antigen / antibody 	<p>IMAGING, CARDIOLOGY AND MARKERS</p> <ul style="list-style-type: none"> • Single-view chest X-ray • Whole abdomen ultrasound • Bone densitometry • Breast ultrasound • Digital mammography • ECG • Transthoracic echocardiography • Exercise stress test • Pap smear • AFP, CA 19-9, CEA, CA 125, CA 15-3
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Men's VIP Check-Up

A comprehensive male health screening program including urology, cardiology, radiology and oncology markers.

<p>CONSULTATIONS</p> <ul style="list-style-type: none"> • Internal Medicine • Dental examination • Cardiology • General Surgery • Ophthalmology • Urology 	<p>LABORATORY TESTS</p> <ul style="list-style-type: none"> • Triglycerides • TSH • Total cholesterol, HDL, LDL • Fecal occult blood • Complete urinalysis • Uric acid • HBsAg, Anti-HBs, Anti-HCV • Complete blood count • Serum albumin • BUN • GGT • Fasting blood glucose • ESR • Creatinine • ALT, AST • HIV antigen / antibody 	<p>IMAGING, CARDIOLOGY AND MARKERS</p> <ul style="list-style-type: none"> • Single-view chest X-ray • Whole abdomen ultrasound • ECG • Transthoracic echocardiography • Exercise stress test • AFP, CA 19-9, CEA • Free PSA • Total PSA
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Women's Check-Up - Age 40+

A focused women's preventive package for patients over 40, including gynecology, breast imaging and bone health assessment.

CONSULTATIONS <ul style="list-style-type: none">• Internal Medicine• Dental examination• Ophthalmology• Obstetrics and Gynecology• General Surgery	LABORATORY TESTS <ul style="list-style-type: none">• AST, ALT• TSH• Total cholesterol, HDL, LDL• Complete urinalysis• HBsAg, Anti-HBs• Complete blood count• Fecal occult blood• Serum albumin• ESR• GGT• Fasting blood glucose• Total calcium• Creatinine	IMAGING, CARDIOLOGY AND PATHOLOGY <ul style="list-style-type: none">• Single-view chest X-ray• Bone densitometry• Whole abdomen ultrasound• Breast ultrasound• Digital mammography• ECG• Pap smear
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Women's Check-Up - Under 40

A preventive screening package for women under 40, focused on internal medicine, gynecology and essential diagnostic testing.

CONSULTATIONS <ul style="list-style-type: none">• Internal Medicine• Dental examination• Obstetrics and Gynecology• General Surgery	LABORATORY TESTS <ul style="list-style-type: none">• Uric acid• Triglycerides• TSH• Total cholesterol, HDL, LDL• HBsAg, Anti-HBs• Complete blood count• Complete urinalysis• Fecal occult blood• Serum albumin• Alkaline phosphatase• GGT• Fasting blood glucose• ESR• Creatinine	IMAGING, CARDIOLOGY AND PATHOLOGY <ul style="list-style-type: none">• Single-view chest X-ray• Whole abdomen ultrasound• ECG• Pap smear
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Detailed Men's Check-Up

An extended male diagnostic package combining specialist consultations, advanced laboratory panels, MRI/CT imaging, endoscopy and oncology markers.

<p>CONSULTATIONS</p> <ul style="list-style-type: none">• Urology• Internal Medicine• Neurology• Cardiology• Gastroenterology	<p>LABORATORY TESTS</p> <ul style="list-style-type: none">• Complete urinalysis• Thyroglobulin• TSH• CLO test• Uric acid• Vitamin B12 and 25-hydroxy Vitamin D• Anti-HCV, Anti-HIV, HBsAg, Anti-HBs• Hemogram• Albumin• ALP• Iron, SIBC, ferritin• ESR• Phosphorus• GGT• Fasting glucose and basal insulin• Calcitonin, potassium, creatinine, LDH• NMP-22 urine• PTH• Protein electrophoresis• AST, ALT, free T3, free T4• Total cholesterol, HDL, triglycerides	<p>PATHOLOGY, IMAGING, CARDIOLOGY, ENDOSCOPY AND MARKERS</p> <ul style="list-style-type: none">• Histological examination of intestinal and stomach samples• Brain MRI• Chest CT• Whole abdomen ultrasound• ECG• Cardiovascular stress test• Echocardiography• Coronary CT angiography• Gastroscopy• Colonoscopy• Sedation• Stomach biopsy• Colon biopsy• AFP, total PSA, free PSA, CA 19-9, CEA
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Detailed Women's Check-Up

An extended female diagnostic package covering breast surgery, gynecology, advanced laboratory panels, mammography, endoscopy and oncology markers.

<p>CONSULTATIONS</p> <ul style="list-style-type: none">• Breast Surgery• Obstetrics and Gynecology• Cardiology• Internal Medicine• Neurology• Gastroenterology	<p>LABORATORY TESTS</p> <ul style="list-style-type: none">• Complete urinalysis• Thyroglobulin• TSH• Uric acid• Vitamin B12 and 25-hydroxy Vitamin D• Total cholesterol, HDL, LDL and triglycerides• Free beta-HCG• Anti-HCV, Anti-HIV, HBsAg, Anti-HBs• Hemogram• Albumin• ALP• Iron, SIBC, ferritin• ESR• Phosphorus• GGT• Fasting glucose and basal insulin• Calcitonin, potassium, creatinine, LDH• NMP-22 urine• PTH• Protein electrophoresis• AST, ALT, free T3, free T4• CLO test	<p>PATHOLOGY, IMAGING, CARDIOLOGY, ENDOSCOPY AND MARKERS</p> <ul style="list-style-type: none">• Histological examination of intestinal and stomach samples• Pap smear• Brain MRI• Chest CT• Whole abdomen ultrasound• Breast ultrasound• Digital mammography• ECG• Cardiovascular stress test• Echocardiography• Gastroscopy• Colonoscopy• Sedation• Stomach biopsy• Colon biopsy• AFP, CA 125, CA 15-3, CA 19-9, CEA
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USMD International is with you at every step of your healthcare journey.